

**You are welcome to visit  
our Friendship Centres at:**

**Lakeview, Kingaroy**

Monday - Friday  
8.30am - 4.30pm  
Cnr Kingaroy & Avoca Streets  
Kingaroy

**Gateway, Nanango**

Tuesday, Thursday, Friday  
8.30am - 3.30pm  
55 Cairns St, Nanango

**Timbertowns, Blackbutt**

Monday & Wednesday  
8.30am - 2.30pm  
288 Bowman Road  
Blackbutt

**OTHER SERVICES AVAILABLE:**

*Support, information and referral*

**Home Maintenance**

Help with minor home maintenance eg. lawn mowing, rubbish removal, tap repairs, light bulb replacement, and smoke alarm battery replacement.

Installation of hand rails and hand held shower roses.

**Transport**

The use of a bus with a hoist and wheelchair facilities is provided.



If more appropriate, a car is used.

**To the carer:**

We know that if you care for someone, it can become very lonely and demanding, both physically and emotionally.

Our service is designed to assist and support carers by "sharing the care". This is important when you need a break, so we encourage you to seek assistance before a crisis situation develops.

Be assured that we will take good care of the one you love. We aim to get to know them so that we can meet their needs. You can feel comfortable catching up on the things that you need to do, knowing that the one you care for is safe and enjoying themselves.

Funds are granted by the Australian and State Governments through the Home and Community Care Program (HACC) National Respite for Carers Program (NRCP) Disability Services (Individual packages)



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**SBCare**  
*sharing the caring*

**PROVIDING SUPPORT  
TO  
YOUNGER PEOPLE  
WITH A  
DISABILITY**

**WE CAN HELP!**

**Phone  
4162 7300**



Are you in the "younger" age bracket or young at heart?



Like food?

Need a bit of



Bored at home?



Nothing to do?

Like going places?

Like to meet new people?



**IS THIS YOU?  
OR SOMEONE YOU KNOW?**

**Our SBcare Programmes for younger people with a disability may be what you are looking for.**

**Younger United People**

**We have a range of options for support if you are "younger" and live with a disability.** (Ages range from 18 to 65)

Our aim for all programmes is to enhance the quality of life for the younger person and their carers, by providing the highest standard of care to support and encourage an independent lifestyle.

We are as flexible as possible and respond to the needs of the individual within resource capability.

**Individual funding packages from Disability Services (DS):**

If you have funding from DS programmes such as Adult Lifestyle or Post School, we are able to provide you with the supports which enable you to do the things that you want to do. This is focused totally on your needs and choices.

We are also funded by the Australian and State Governments through the **Home and Community Care and National Respite for Carers Programmes.**

Under these programmes, we can provide support to individuals:

- in a small group
- in a large group

Support can be provided:

- in the community; or
- in a Friendship Centre



**As an individual or in small groups we help with such things as:**

- shopping
- banking, bill paying
- attending social outings, concerts
- attending appointments (eg. medical, hair)
- visiting at home



**We also provide options specifically for younger people:**

- Monday in Kingaroy
- Wednesday in Kingaroy
- Thursday in Nanango
- Friday in Kingaroy



As each day has a special focus, please talk to our staff regarding which day would be either suitable and/or available.

In addition, there may be other days which would be suitable.

**Mixed-aged groups meet in our Friendship Centres in Kingaroy, Nanango and Blackbutt.**

We provide care and support, friendship and fun in a safe and supervised environment.

Our activities include:

- cards
- crafts
- board games
- entertainment and music
- outings, movies
- computer games
- food

