

Funding

Funds to operate SBcare activities come from a variety of sources:

- The Australian and State Governments through the Home and Community Care Programme (HACC) and National Respite for Carers Programme (NRCP)
- The Cerebral Palsy League
- Disability Services QLD
- South Burnett Regional Council
- Rent from Centre users, and other fundraising activities.

SBcare is able to deliver services to individuals who receive funds from:

- Disability Services Queensland
- Cerebral Palsy League
- Trustee arrangements
- Other such organisations

Our aim is to provide services which are as close as possible to that which the client and/or carer requests.

Our care workers, and the activity programs they provide, try at all times to meet the needs of every client.



ABOUT THE ASSOCIATION

Any interested person in the South Burnett can apply to become a member of the South Burnett Senior Citizens Welfare Association.

The Association trades as "SBcare".

The Association is managed by a committee of people elected annually from the Association membership.

The committee has responsibility for ensuring efficient and accountable management of all SBcare activities.

These include:

- Management and maintenance of the Senior Citizens Centre, which has some form of activity every day of the week.
- Management of 4 pensioner units.
- Management of support services for frail aged people, and younger people with a disability living in the community, as outlined in this brochure.

Transport

Two buses with wheelchair access plus service vehicles are used for transport.

The buses are also available for use by other organisations and individuals, by arrangement.



SBcare
sharing the caring

An Association which looks to the needs of people living in the community with an emphasis on older people and people of any age with a disability.

The aims of SBcare are:

- to help carers care longer
- to help people to stay at home longer
- to maintain independence within the community
- to give people quality of life.

**Cnr Kingaroy & Avoca Streets
Kingaroy Qld 4610**

Phone: 4162 7300

Fax: 4162 7690
Email: info@sbcare.org.au

Who do we help:

The service is for people who are frail aged and younger people with a disability, and their carers.

You may live alone or live with a carer.



All clients live in the community, not in a residential Aged Care setting.

We aim to include:

- people who cannot read or write
- people of non-English speaking background
- people with dementia
- rurally isolated people
- financially disadvantaged people
- people of Aboriginal and Torres Strait Islander descent.

Information and Referral

Are you faced with new situations, health problems, changes related to age or disability?

Are you new to caring for someone with ongoing needs, or are the needs becoming greater?

Navigating the possibilities of help available in the community can be daunting.

Our staff can help with the information that you need and/or refer you to the person or organisation best able to help.

Centre Based Day Respite at our Friendship Centres

Would you like to get out of the house and join in social activities, but find it difficult to do so because of a disability, or just getting older?



Friendship Centres offer:

- friendship, fun and support
- a warm and caring atmosphere
- activities that you are interested in such as cards, crafts, board games
- entertainment and outings
- good food

Friendship Centres operate in:

**Kingaroy - Lakeview
Nanango - Gateway
Blackbutt - Timbertowns**

Keeping in touch / keeping connected to the community

Need help to do the shopping, get to appointments, go to meetings or concerts?



Need someone to just come to your home for a social visit and maybe write letters, or Christmas and Birthday cards, or just to make sure you are OK when you are not feeling so well?

Staff can help you do the things you have always done and to support you at home.

Home Maintenance

We want you to stay in your own home, but sometimes that means that you need a bit of "manpower" to handle the routine maintenance associated with a house.

Our staff offer a range of services aimed at helping to maintain your home. We do not do jobs of professionals such as plumbers and electricians, but we mow, clear rubbish, clean windows, chop wood, change light bulbs and tap washers.

We can install rails in your shower or toilet, or even on the steps to make sure that you are safe. We can advise on the installation of ramps to make access to your home easier.



Carer Support - you are not alone

How often do you feel alone and lonely, daunted and frustrated by the task of caring for another person, day in, day out?



We can help by offering a sympathetic ear. Sometimes just being amongst a group of friendly people can help.

The person for whom you care can spend a day (or days) with us, so that you can have a bit of "YOU" time. It is important that you take care of yourself in order to continue caring.